GRATITUDE

Notes

November 30 2014

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Gratitude
Psalm 50
Community Group Discussion Questions

When you are thankful, do you tend to focus on things or relationships? What are the strengths and weaknesses of your focus?

We read in Psalm 50 about two groups of people: Those who make right practices but do it out of obligation because they think God needs our efforts, and those who say the right words but essentially forget God and lack real follow-through. What solution does God offer to both groups of people and why is it so important?

In what way does gratitude open the door for all other transformation and growth in the Christian life?

We also heard about a practice of examining ourselves and the preceding day to reflect on the gifts of God's presence and work. The challenge was to spend time at least once a day for the next week to reflect on at least three realities for which to be grateful within the previous 24 hours. Can you share three things from the last day?

What we are focused on shows in our attitudes and words. We amplify to others what is most magnified in our hearts. What is your overall tone these days? Is it grumbling, apathetic, distant, angry, joyous, grateful, or loving? How might sharing your grateful thoughts be encouraging to other people?