Notes

August 13 2017

Dave Teixeira
Cedar Mill Bible Church

Psalms: The Language of Faith
Doubt
Psalm 73

Group Discussion Questions

Read Psalm 73

Doubt is the tale of a divided mind, heart, life, and conviction (when we don't know what to believe or do). Share a time when you were plagued with doubt.

Doubt often comes when our beliefs and experiences aren't lining up. Can you think of a time when this was part of your faith journey?

In this passage, Asaph analyzes his doubt by looking at the story he's telling himself and then critiquing and correcting that story. What is the initial story he's telling himself? What is the final story he shifts to?

Sometimes we tend to drift toward allowing negative narratives to play in our minds, especially in certain areas of our lives. What's one of those areas for you? Are there stories you're telling yourself that need critique and correction (stories about your looks, your job, family, money, sex, church, etc.)?

How does healthy, authentic, vulnerable Christian community have power to help bring our internal stories back on track? Share how you've experienced this with someone. How did they help you? How do we become the kind of people that can help others correct their internal stories?

What else from this week's Psalm and/or message struck you? What is one thing you'll apply or change as a result?