

Psalm

the language of faith

Notes

Psalm: The Language of Faith Overcoming Fear Psalm 46 Group Discussion Questions

Read **Psalm 46**

This psalm begins with imagery that says things aren't good. Share a time in your life when you were fearful.

How do you normally deal with fear? Are you prone to procrastination, denial, or indecision?

Acknowledging our feeling of fear is important in the Scriptures. Are there any fears that linger in your mind right now?

There is a line that's repeated in this Psalm: "The Lord Almighty is with us; the God of Jacob is our fortress." There were a lot of reasons why Jacob did not deserve God's guidance, protection, or help; and yet, God was with him. Are you ever tempted to believe that you don't deserve God's help with your fears? What does this look like for you?

What do you think God wants from us when He says, "Be still and know that I am God?" How do you practice this? Why do you think this is so important?

Do you have someone who encourages you towards a life of faith over fear? Who? How?

What else from this Psalm and Sunday's message struck you? How does this encourage you to live differently?

Psalm Reading Plan

Week 1 (June 11-17) Psalm 1-12

- 1-2 3-4 5-6 7-8
 9-10 11-12 Reflect

Week 2 (June 18-24) Psalm 13-24

- 13-14 15-16 17-18 19-20
 21-22 23-24

Week 3 (June 25-July 1) Psalm 25-36

- 25-26 27-28 29-30 31-32
 33-34 35-36 Reflect

Week 4 (July 2- 8) Psalm 37-48

- 37 38-39 40-41 42-43
 44-45 46-47 48

Week 5 (July 9-15) Psalm 49-60

- 49-50 51-52 53-54 55-56
 57-58 59-60 Reflect

Week 6 (July 16-22) Psalm 61-72

- 61-62 63-64 65-66 67-68
 69 70-71 72

Week 7 (July 23-29) Psalm 73-84

- 73-74 75-76 77 78
 79-80 81-82 83-84

Week 8 (July 30-August 5) Psalm 85-97

- 85-86 87-88 89 90-91
 92-93 94-95 96-97

Week 9 (August 6-12) Psalm 98-108

- 98-99 100-101 102-103 104-105
 106 107 108

Week 10 (August 13-19) Psalm 109-119

- 109-110 111-112 113-114 115-118
 119:1-80 119:81-152 119:153-176

Week 11 (August 20-26) Psalm 120-136

- 120-121 122-124 125-126 127-128
 129-131 132-134 135-136

Week 12 (August 27-31) Psalm 137-150

- 137-138 139-140 141-142 143-144
 145-146 147-148 149-150

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